



The **Last Aid**® course is for anyone who wants to learn how to support loved ones through dying, death, grief, and bereavement.

① **Dying as a Normal Part of Life**

② **Planning Ahead**

③ **Relieving Suffering**

④ **Final Goodbyes**

To sign up for a Last Aid® course, please visit www.chpca.ca/lastaid or scan the QR code.

